

STUDENT Protocols for Cold/Flu Illness or COVID-19

Students with cold/flu symptoms should stay home until the student is fever free for at least 24 hours and other symptoms are improving. If a student tested positive for COVID-19 or Flu, the student should stay home for five days from the onset of symptoms or date of positive COVID-19 or Flu test.

EMPLOYEE Protocols for Cold/Flu Illness or COVID-19

Employees with cold/flu symptoms should stay home until the employee is fever free for at least 24 hours and other symptoms are improving. If an employee tested positive for COVID-19 or Flu, the employee should stay home for five days from the onset of symptoms or date of positive COVID-19 or Flu test.

Asymptomatic Students and Employees that have been exposed to COVID-19 do not have to quarantine.

Not sure if you should stay home from school or work?

- **Fever:** stay home if you have a temperature of 100.4 degrees or higher
- **Sore throat:** especially in the presence of fever. If positive for strep you may return to school or work 48 hours after starting appropriate treatment
- **Diarrhea:** stay home for at least 24 hours after your last episode of diarrhea
- **Vomiting:** stay home for at least 24 hours after your last episode of vomiting
- **Rash:** rashes can occur for various reasons and may require diagnosis by a medical professional to determine whether exclusion from school is necessary as some can be contagious, especially in the presence of a fever
- **New or Worsening cough:** some individuals may suffer from a chronic cough. However, if you have a New or Worsening cough you may have an illness that is contagious and/or requires treatment
- **Red and/or swollen eyes:** eyes that are red and/or have drainage and pain should be evaluated for possible conjunctivitis
- **Lice or Scabies:** you may return once treatment is completed
- **Chicken Pox:** children with Chickenpox may return 5 days after the pox begin to blister or once all pox have scabbed over and are dry